



JUNE, 2016

SSOTHG.ORG

NEWSLETTER

CALENDAR

TUESDAY, JUNE 1

**CLEAN-UP AT
BOTANIC PARK**

9:00AM - 12:00N

**CLEAN-UP DAY AT BOTANIC PARK
WEDNESDAY, JUNE 1**

9-12N

Our (2nd) annual clean-up day at the Botanic Park. This is a one day event.

Bring gloves, a hat, water, sunscreen and a sandwich for lunch. The park has all the tools we need and I will have cookies and cold drinks to add to lunch. We had a lot of fun last year. Hope to see many there.

TUESDAY, JUNE 14

BRAU HAUS

4:00PM - 6:00PM

HAPPY HOUR AT

SAKE 2U

4-6PM

TUESDAYS

BEGINNING JULY 5

Our garden, "A Garden For All Seasons" was planted in 1995 after the OTHG raised money for the hardscape and lent our labor when it was time to plant. It is now a mature garden and a beautiful space. As a club, we sponsor the upkeep of this garden, but we also volunteer one day in the spring to get it ready for the growing season.

Lou Dolman, President



**ROAD BIKING
EVERYDAY
River Creek Park
10:00am (Spring)**

**HAPPY HOUR AT THE BEER HALL
(BRAU HAUS)**

This is a beer hall in the style of a German beer hall
**Tuesday, June 14, 2016
4 to 6 PM**

2500 Village Drive, Unit #103
(below where La Montana was)

Cost: \$3 Wells, \$3 Wine; \$4 Beer (most are on tap)

OTHG will supply some appetizers with a German theme

**OVER THE HILL GANG HAPPY HOUR
Sake2u**

4-6 on Tuesdays in July and August
Starting on July 5 and ending on August 30
At Sake2U at 609 Yampa Street

ROAD BIKING

**Meet Everyday River Creek Park
11:00am (Spring Schedule)**

**DIRT ROAD BIKING
Beginning when
roads dry up
(see notice)**

**LEISURELY BIKING
Thursdays
Beg. June 16
Transportation
Center
8:30am**

**MONDAY HIKES
BEGINNING
JUNE 6
9:00am
Safeway Parking
Lot**

YAMPATIKA WILD

From: Jack Ferguson

FLOWER AND MEDICINAL HERB WALKS Saturdays



Elizabeth Brackett
(OTHG) won her age group in the Terre Haute, Indiana triathlon, 1 mile swim, 25 mile bike, 6.2 mile run. She's looking forward to getting to Steamboat to ratchet up her training for this year's Triathlon World Championships in Cozumel, Mexico.

HAL OLSEN

For those of you who are interested in cycling we will meet everyday (weather permitting). We will meet at River Creek Park at Walton Creek Rd. and Rte.40 for an 10 AM departure. Those present can decide on the day's ride before rolling out. If we decide to start from somewhere other than RCP, (i.e. The Clark General Store) we will let one another know. By picking a routine time and place to start from we hopefully can avoid unnecessary communications and simplify our lives. As the seasons change we will adjust our roll out times and let everyone know accordingly.

Everyone is welcome to join as long as they ride safely and follow the rules of the road. As noted above, those present will determine the day's ride and those present can ride as a group or not. It is their choice, i.e., everyone need to be responsible for their well being and their ride.

Most of the group are OTHG members but anyone is welcome. This may morph into OTHG road and/or dirt bike road rides as the season goes on.

Again, everyone is welcome including non-OTHG members. In this latter regard, if you or a friend are riding with us on a somewhat regular basis and having fun with the Gang I would strongly encourage you to join the OTHG. Membership forms can be found at www.SSOTHG.org.

LEISURE BIKE GROUP JUNE 16th

Lisa Kirkland will be starting leisurely biking on Thursday, June 16th. Bikers should meet at 8:30am at the Transportation Center at the west end of town. Helmets are required and if anyone has any questions they can either call Lisa at 846-1060 or email her at lkvt12@gmail.com.

Hal Olsen, long-time member of the Over the Hill Gang died peacefully at the Doak Walker House on April 14, 2016 after a long battle with Parkinson's. He is survived by his wife, Charlotte Jensen

OTHG OFFICERS

President - Lou Dolman
Vice President - Roxie Miles
Membership - Barbara Swissler
Treasurer - Pauline Bouchard
Social Events - Louise Wu
Mary Kay Ferguson
Communications - Jan Dring
Public Relations: Frank Dolman
Adopt-a-Highway: Tom
& Barbara
Swissler
Mellow + Road Biking: Jack
Ferguson
Dirt Road Biking: Susan
Dreska
Leisure Biking - Lisa Kirkland
Golfing - Steve Richheimer

Easy Riders: Kay Burch
Ann Clardy
Botanical Garden: Membership
Sponsored
Bridge: Elaine Gilbertson
Don Little
Community Contributions: Ann
Holmes Flyfishing: Paul
Inglefield
Hiking: Karen Pharris
Pickleball: OPEN
Senior Housing: Bill Dring
Snowshoeing & X-Country
Skiing: OPEN
Web Master: Larry Carlson

MOUNTAIN BIKING ON DIRT ROADS

From Susan Dreska

Although it might be a while before we can get on our mountain bikes and ride some of the trails and dirt roads, NOW is the time to get you and your bikes in condition to ride!!! ☐☐☐

Since I have many more names on my current email list than regularly show up for our rides, I am going to start a new list. So, if you are interested in joining us and getting the emails for the leaderless riding on dirt roads and double wide trails, please email [Sedreski@aol.com!](mailto:Sedreski@aol.com)

OTHG HIKING BEGINS KAREN PHARRIS

All are welcome, just show up at the Safeway Parking lot at least 10 minutes before designated departure time. These Monday hikes are unguided hikes which means we meet at Safeway, count heads, and make sure everyone has a ride to and from the trailhead. You hike at your own pace - just make sure you have a hike/carpool buddy. Be sure to bring a lunch and plenty of water. Many of these hikes offer good turn-around places, so you don't have to do the full hike. Dogs are welcome however we have included a note if the hike might not be appropriate for dogs due to lack of water or scary crossings! If you do bring your dog, please make sure he/she is respectful of the other hikers and accustomed to being around a group of people and other dogs.

Page numbers refer to descriptions of the hikes in **HIKING THE 'BOAT II** by Diane White-Crane

June 6 - Uranium Mine, 3-4 miles, 800 feet. Page 47

June 13 - Mad Creek, 3-4 miles 440 feet, Page 60

June 20 - Fish Creek to Upper Falls, 5 miles, 1160 feet, Page 40

June 27 - Pearl Lake Adventure to be determined



**WILDFLOWER AND
MEDICINAL HERB WALKS**

Sponsored by Steamboat's Over the Hill Gang

Registration required

call Yampatika at 970.871.9151

FREE

**May 21 • Wildflower Walk • 9am-2pm • Lower Bear
June 11 • Medicinal Herb Walk • 9am-1pm • Red Dirt
July 2 • Wildflower Walk • 9am-2pm • South Fork
July 23 • Medicinal Herb • 9am-1pm • Coulton Creek
in Clark
August 6 • Wildflower Walk • 8am-4pm • Zirkel
Wilderness
August 20 • Wildflower Walk • 8am-4pm • Flattops
Wilderness
August 27 • Medicinal Herb Walk • 8am-4pm • Aspen
Flats in the Flattops**

You might also be interested in the **Yampatika** and **Bird Conservancy of the Rockies** bird walks:

BIRD WALKS ☐ **8am - 10am** • In partnership with Bird Conservancy of the Rockies • \$10 fee or free for members of either organization. Sponsored by Nancy and John Merrill. ☐ Registration required, call Yampatika at 970.871.9151.

☐ **May 24** • Birding by Cart at Haymaker Golf Course
☐ **May 31** • Stehley Park
June 7 • Skyline Trail
☐ **June 14** • TBD ☐
June 21 • TBD



